

## Bibliography

Rather than providing an extensive bibliography, I felt that readers would appreciate a short list of highly readable books on the major subjects I refer to in this book: physics, mind-body medicine, and Veda. I enthusiastically recommend the following eleven books, all of which entered into my own education on these fascinating subjects.

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Maharishi Mahesh Yogi. *On the Bhagavad-Gita*. London: Penguin, 1967.

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